



EASTERN HIMALAYAN FOUNDATION

RESILIENT YOUTH FOR RESILIENT MOUNTAIN COMMUNITIES

Highlights of April from Contact 7

Social And Emotional Learning



Social Engagement taught by Salina to the fellows.

Community Traits and Roles and Norms practiced by the fellows under the guidance of EHF Team

21 Century learning Skills



Fundraising session taught to the fellows during 21st C skills learning by Mashqura and the EHF Team.

Communication Assignment where the fellows learnt how to make resume for their future purpose.

Guest Speaker : Sister Subeshna Thapa



Sister Subeshna Thapa, Director of Bal Suraksha Abhiyan Trust Kalimpong, holds a Social Work degree from Nirmala Niketan Mumbai. She has been actively involved with works related to defending and advocating child rights, and rescue and rehabilitate vulnerable children. She was very open in sharing her experiences while pursuing her degree in Social Work. Through this interactive session with Sister Subeshna our Fellows gathered a lot of knowledge.



Morning session with Vipul Shaha

Refreshing mindful morning session on Nature and Emotional Self-Regulation with Vipul Shaha and Sunita Lama along with Fellows in Buddhapada, Kalimpong.



Vipul Shaha
Psychotherapist-
Counsel



Sunita Lama
Mindfulness and
Happiness Coach



Fellow's Outing with EHF Team

Day 2 at Kalimpong, a refreshing outing while creating a lasting and unforgettable memories for Fellows along with EHF Team. The Fellows and EHF team played numerous games to test each others' skills of observation, memory and critical thinking. It acted as a great team building day.



Workshop and Seminar by Fellows



Mental Health Awareness:

Career Cell formed by the fellows of Bijanbari Degree College and Student Support community from Darjeeling Government College in collaboration with DLR Perna organized mental Health awareness in their respective Colleges, in presence of Ms. Choden Dukpa and Ms. Priscilla Giri.



Introduction to Business Sector:

Career Cell of the Bijanbari Degree College organized a seminar on "Introduction to the business sector". The guest speakers were Mr. Mingma Girmi Sherpa, founder of "Rimbick Fresh", Mr. Diwashkar Chettri and Mrs. Preksha Sharma Chettri, owner of "Dharti the Glamping Heaven".

Exposure to Education and Social Sector

Panel Discussion on Career in Social Sector

The Student Support Community (SSC) was formed in Darjeeling Government College as part of the project by the Trailblazer Fellows. The SSC organized a panel discussion on exposure to social sector. The organizations present in the panel were DLR Prerna, CINI India, W.W.F, Anugyalaya and Eastern Himalayan Foundation.



Seminar on Careers in Education Sector

Student Support Community (SSC) organized its second Seminar titled 'Exposure to Education Sector'. Through this seminar, the students were exposed to diverse career opportunities within the Education Sector. The Speaker Ms. Salina Subba highlighted the insights of the sector.

Introduction of Trailblazer Fellowship to the youths



St. Joseph's college



Bijanbari Degree college



Southfield college



Darjeeling Government college



Salesian college



Ghoom Degree college



Sonada Degree college

This year, we opened up the Trailblazer Fellowship to 7 Colleges in Darjeeling and held mobilisation workshops in many to introduce students to the Fellowship and other programs of EHF



Graduation of our 1st cohort

Graduation ceremony of Trailblazer Fellows 1st cohort was a moment of immense pride and accomplishment. Where our Fellows were facilitated by two of our very important chief guests, Mr. Rajagopal CV, and Dr.Prajwal Pradhan



Mr. Rajagopal CV,
Head of outreach at
Azim Premji University



Dr.Prajwal Pradhan
Principal of Darjeeling Government College.

Dance performance by DGC Students

Graduation Ceremony concluded with the beautiful dance performance by the students of DGC

